Aydın's research is laudable, there are shortcomings. The book reads too much like a doctoral dissertation, making it stylistically difficult to digest. He did not tie some of the literature cited to the main thesis. Furthermore, the book is short relative to the complex and voluminous nature of the subject matter. Finally, the excellent choice of country cases was undermined (including the chapter focused on contemporary U.S. interventions) by somewhat hollow/shallow qualitative analysis.

The book is best read by political science, international relations, international political economic, and security studies scholars. It may also be of interest to military historians, foreign policy designers, and those generally interested in why and how states get involved in the armed conflicts of others.

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